

How To Hack Heartbreak: The Ultimate Guide to Healing and Moving On



How to Hack a Heartbreak by Kristin Rockaway

★★★★☆ 4.1 out of 5

Language	: English
File size	: 890 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 319 pages
Lending	: Enabled



Heartbreak is one of the most painful and challenging experiences we can go through. It can feel like our whole world has been shattered, and we may not know how to pick up the pieces and move on.

But what if there was a way to hack heartbreak? To heal faster and move on with our lives?

In her new book, *How To Hack Heartbreak*, author and relationship expert Dr. Kate Campbell outlines a step-by-step plan for ng just that. Campbell has helped thousands of people through heartbreak, and she knows what it takes to heal and move on.

In *How To Hack Heartbreak*, Campbell shares her insights on:

- The different stages of heartbreak

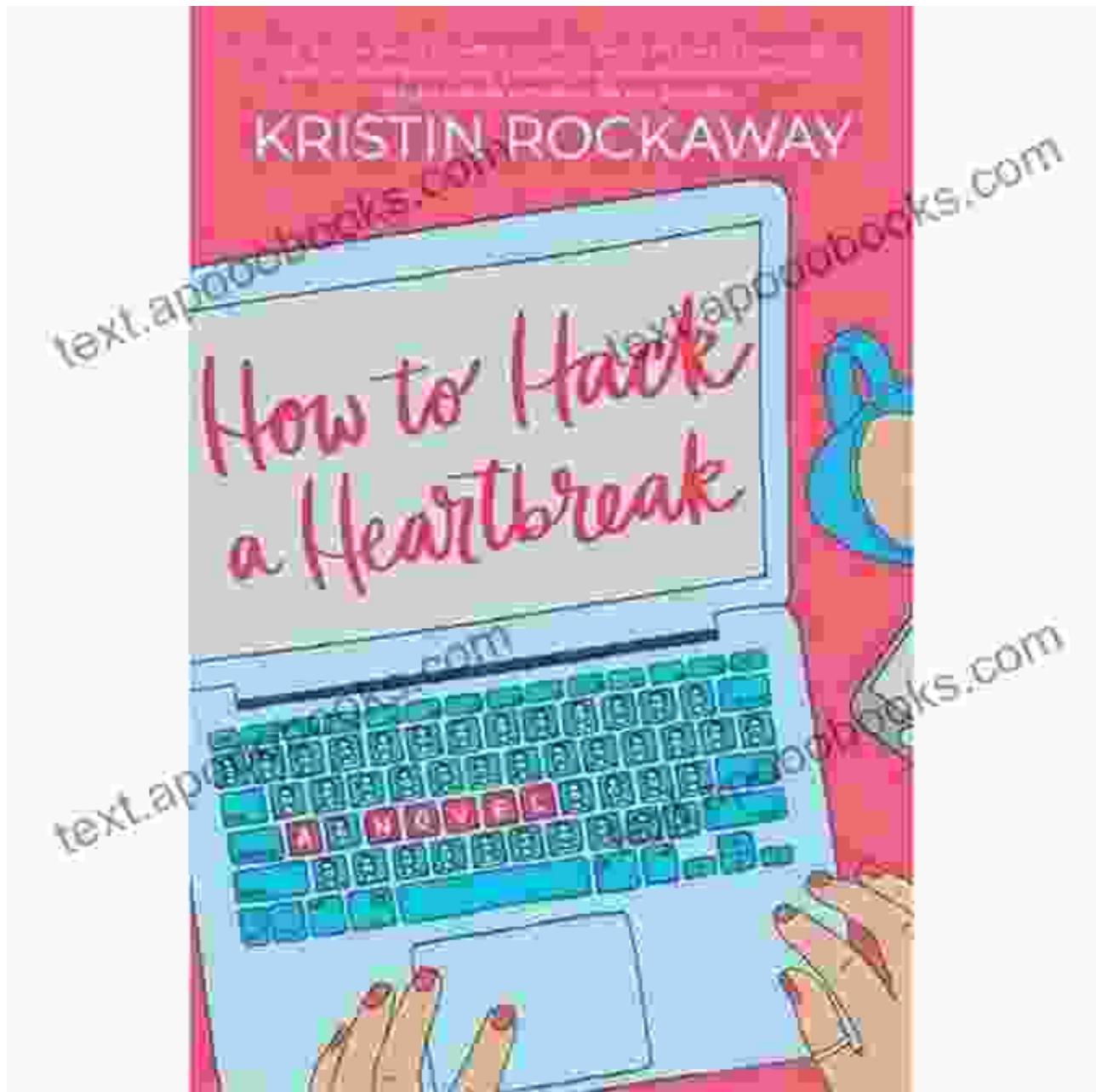
- How to cope with the pain of heartbreak
- How to let go of the past and move on
- How to find love again after heartbreak

If you're struggling with heartbreak, *How To Hack Heartbreak* is the book you need. Campbell's step-by-step plan will help you heal faster and move on with your life.

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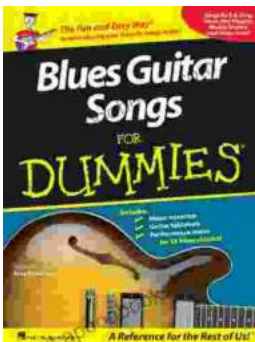
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